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[www.familyresilience.org](http://www.familyresilience.org)

## Confirmation of Couples Understanding

I, \_\_\_\_\_, understand that couples work at The Family Resilience Group is not eligible to be billed to insurance. This service involves education, coaching and mediation, none of which are eligible to be reimbursed. No superbills will be provided.

I understand that I can choose to use my health insurance benefits, if my symptoms/diagnosis meets medical necessity, for individual services here at Family Resilience. Or, I may choose to use my insurance benefits for couples therapy services elsewhere.

Couples work is \$180/50 min hour. Communication with individual therapists, essential to this process, are free up to ½ hour/month external communication; unlimited communication internally. Payment for service due at time of service.

Signed: Person #1 \_\_\_\_\_

Dated: Person #1 \_\_\_\_\_

Signed: Person #2 \_\_\_\_\_

Dated: Person #2 \_\_\_\_\_

Witnessed: \_\_\_\_\_ Dated \_\_\_\_\_